

# Testimonial of treating poor vision with alkaline water

(from an online blog)

It seems weird from the title, right? But I want to illustrate my right experience here. I have been proud of having excellent eyesight till 14 years ago. One day when I was checking a telephone number in white pages, I found the print was very small and questioned my wife why the print was smaller. My wife laughed and told me to do some eye tests at my doctor's. To my disappointment, I was diagnosed of needing to wear reading glasses. What's the worse, after the eye test of each year, I wore from #1 to #200 strength readers year by year. I am really sad and worried about my poor vision, but find no better way to treat it, but have to wear higher prescription reading glasses.

As a matter of fact, before we don't have any thought on healthy water's excellent effect on poor vision. That is because my wife and I have a quest to find the healthy water, and then find this unconsciously. So let me tell you about my tale to seek healthy water first. The first water system we install is reverse osmosis system, but finally it is proved to be unhealthy as it will strip all minerals out of water. And then we change a new and expensive distiller because it is said distilled water is healthy, but the fact is distilled water can also strip all minerals out of water. In order to make water healthy, we buy a vitalizer plus machine which can reintroduce minerals to distilled water by mineral cube. But later we know though this can get minerals back into the water, but it can make the water acidic. To be frank, at that time, my wife and I nearly give it up. But after attending a seminar, we reckon we find a new hope. There is a kind of special drops which can be added to the water to make water healthy. We bought one with full hopes, but unfortunately, it is also proved to be unhealthy later on. And then I choose to give up my thought. Though I know the benefits excellent water can offer to us, I can not find it and I have paid a lot on this.

One day in August, 2008, a friend in Florida called me and talked about the healthy water. I was really tired of hearing about this. But he insisted that he would come and show me the water quality by scientific data. And finally I agreed to have the last try. To my joy, it does not only prove the quality of water from this system, but also proves the unhealthy points of other water we drink everyday. From the test, we know that the water from this water system has a high alkaline 9.5 PH, which contains higher antioxidants and is super hydrating.

One day after drinking this water for more than a month, my wife and I wanted to go to church, but we found we didn't have puppy food. But it was Sunday, I didn't know where I can get puppy food, so I checked in a phone book, and dialed the number. But after that I notice I didn't wear reading glasses, but I can see numbers clearly, which was impossible in these two years. I continued to read the phone book, but it is right that I can see this information very clearly. After serious thinking for long time, I believe it is contributed by the water. As we know, there is over 70% water in our body, if we supply our body with excellent and healthy water, the body may heal itself as water is alkaline and has antioxidants. Although it is my own thinking, I really benefit from this. And I hear some scientists have begun to research water's influence on eyesight. Maybe people will know the truth in the not distant future about alkaline water.